



Hello Beautiful Souls!

Welcome to our "Daily Dose of Peace - Mantras of Love." I'm excited to share our offerings with you, which include a variety of courses, tracks, and meditations designed to help us connect with our inner wisdom, find peace, and live our best life.

Learn the Mantras and Sing with us during our Live Sadhana within <u>Vimeo</u> with Melody - Jyoti Ma.

We invite you to join us for our daily Sadhana and to explore our other offerings to see what resonates with you. Whether you're looking to deepen your spiritual practice, reduce stress and anxiety, increase joy in your life, or simply find a moment of stillness in your day, there's something here for you.

Namaste 💛 🔩

dailydoseofpeace.org

Opening Mantras

<u>I: -Ong Namo Guru Dev Namo</u>

Ong Namo Guru Dev Namo; (C - Am - Em - C) Guru Dev Guru Dev Namo (C - Am - Am - C - C - G - G - C)

Ong Namo Guru Dev Namo (C - F - C - G; C - F - G - C) Light within, please guide me home

II: -Guru Invocation (Bb - Eb - F)

Guru Brahma, Guru Vishnu, Guru Devo Maheshvara; Guru Sakshat Parambrahma; Tasmai Shri Guruve Namaha.

Ganesha Mantras

<u>I: Om Gam Ganapataye Namaha -Oh God Please Hold Me</u>

(C - G)

Oh God Please Hold me and give me strength. Oh God Please Hold me and give and strength. Ganesha Ganesha, Live in my heart Ganesha Ganesha, Live in my heart Om Gam Ganapataye Namaha Jai Jai Shivanandana, Jai Jai Gaurinandana

II: My Soul is Calling- Ganesha Sharanam (C - Dm - Em - Dm)

My Soul is Calling, Calling Out is My Soul Ganesha Sharanam, Sharanam Ganesha, Om Gam Ganapataye Namaha

<u> III: Om Ganesha Om Ganapati (Cm - Gm)</u>

Om Ganesha Om Ganapati, Ooooom; Ganapati Om, Ganapati Om, Ganapati Ooooom; Om Gam Ganapataye Namaha, Om Gam Ganapataye Namaha; Ganesha Sharanam Sharanam Ganesha.

IV: Ganesha - Remover of obstacles

(Bb - Eb; Second part Bb - Eb - F)
Ganesha Ganesha, Ganesha Ganesha;
Remover of Obstacles, Lord of new beginnings;
Grant me thy wisdom and awaken my strength.
Ganapati Om Jaya Ganapati Om
Om Gam Ganapataye Namaha, Om Gam Ganapataye Namaha



<u>V: Ramesh's Jai Ganesha</u> (C - G - F - G)

Jai Ganesha Jai Ganesha Jai Ganesha Pahimam; Shri Ganesha Shri Ganesha Shri Ganesha Rakshamam. Om Gam Ganapataye Namaha Om Gam Ganapataye Namaha Namaha Ganapati Namaha

VI: Trash Day with Ganesh (Drone A chord)

Take all these trash bags out of my way 'cause we are stepping (dancing) into courage and love. Om Gam Ganapataye Namaha

Shiva Mantras

I: Jai Shiva Shankara Om Shakti Om

(C - F - C - F - Dm - Em - F - G - C)

Om Namah Shivaya, Om Namah Shivaya; Jai Shiva, Shankara, Om Shakti Om.

Sing Your Song in My Soul, Jai Shiva Shankara Om Shakti Om; Place Your Peace in My Heart; Jai Shiva Shankara Om Shakti Om.

II: Om Namah Shivaya (C - Gm)

Om Namah Shivaya

III: Sabmila Bolo

Bolo, Bolo Sabmila Bolo, Om Namah Shivaya Om Namah Shivaya, Om Namah Shivaya

IV: Ramesh's Shiva Nataraj

Om Namah Shivaya Shivaya Namah Om Shiva Nataraj Jaya Shiva Shankara

V: Jai Shiva, Shankara Boom Boom

Notes, not chords: 1st part C D Eb D Eb D C 2nd part G-F-Eb- D- Eb- D- C Jai Shiva, Shankara Boom Boom Hare Hare Hare Hare Hare Hare Hare Hare Hare



VI: Maha Mrityunjaya Mantra (C - Am- G - F - G- F - G)

Om Try-Ambakam Yajaamahe; Sugandhim Pusstti-Vardhanam; Urvaarukam-Iva Bandhanaan; Mrytyor Mukshiya Maamritat.

VII: Jaya Jaya Shiva Shambo

(Em - G - D - Em. 2nd part: Em - G - Am - Em)

Jaya Jaya Shiva Shambo, Jaya Jaya Shiva Shambo; Maha Devi Shambo, Maha Devi Shambo; Namah Shivaya, Namah Shivaya, Namah Shivaya Om Namah Shivaya.

VIII: Tejase (C - Bb - Ab)

Om Namah Shivaya Gurave, Satchidananda Murtaye, Nishprapanchaya Shantaya, Niralambaya Tejase

IX: Rudrah Gayatri Mantra

C - Am - Fm - C; Part 2: C - Fm - C - G - C Part 3: Am - Fm

Om Namah Shivaya, Om Namah Shivaya; Jai Shiva Shankara, Jai Shiva Shankara, Oooommm; Om Tatpurushaya Vidmahe Mahadevaya Dhimahi Tanno Rudrah Prachodayat.



Krishna Mantras

I: Shri Ram Sita Ram (C - G- F - C)

Shri Ram Jai Ram Jai Jai Ram; Shri Ram Jai Ram Jai Jai Ram; Sita Ram Sita Ram Sita Ram Sita Ram; Sita Ram Sita Ram Sita Ram Sita Ram.

II: Sita Ram Bolo Hanuman (C - F - G - C)

Sita Ram Bolo Hanuman Hanuman Bolo Hanuman ; Hanuman Bolo Hanuman Hanuman Bolo Hanuman ; Hanuman Bolo Hanuman

III: Govinda Radhe (D - C - G - D 2nd: C - G - D)

Radhe Radhe Shyam Govinda Radhe Jai Shri Radhe Govinda Radhe Radhe Shyam Gopala Radhe Radhe Radhe Shyaaaaaaaaaan, Radhe Shyam

IV: Govinda Gopala Jaya Jaya (D - A - G)

Govinda Gopala, Govinda Jaya Jaya Hare Krishna Hare Krishna Krishna Hare Hare Hare Rama Hare Rama Rama Hare Hare Hari Bol Hari Bol

V: Govinda Jai Jai (Drone C chord)

Govinda Jai Jai, Gopala Jai Jai Radha Ramana Hari Govinda Jai Jai

VI: Sri Krishna Govinda (C - F - G; C - G - C)

Sri Krishna Govinda, Hare Murare Hey Nata Narayana Vasudeva Hey Nata Narayana Vasudeva; Hey Nata Narayana Vasudeva

VII: Maha Mantra- I Offer Myself (C - G - G - C - C - G - F - G - C)

Hare Krishna Hare Krishna; Krishna Krishna Hare Hare
Hare Rama Hare Rama,; Rama Rama Hare Hare
I offer myself at the altar of love, Help me to see the truth of who I am
Flood me with light, fill me with love, Help me to become the truth of
who I am

I open my heart, I open my heart, I allow this love to hold me. I open my heart, I open my heart, I allow this love to guide me.

VIII: Gopala Devaki Nandana

Gopala Gopala, Devaki Nandana Gopala Devaki Nandana Gopala, Devaki Nandana Gopala

IX: Ramesh's Govinda Jaya Jaya

Govinda Jaya Jaya Gopala Jaya Jaya Radha Ramana Hari Govinda Jaya Jaya Govinda Jaya Jaya Gopala Jaya Jaya Radha Ramana Hari Govinda Jaya Jaya

X: Govinda Hare

Govinda Hare, Gopala Hare (C - F - C - G)
He Prabhu Deena Dayaala Hare (F - C - G - C)
Govinda Hare Gopala Hare (G - F - C)
He Prabhu Deena Dayaala Hare (F - C - G - C)
Govinda Hare, Gopala Hare, He Prabhu Deena Dayaala Hare (Faster- C - G - F - C - G - C)

XI: Dhanvantri Mantra

Om Namo Bhagavate Vasudevaya Dhanvantaraye Dhanvantaraye Amrita Kalasa Hasthaya Sarvaamaya Vinachaya Thriloka Nathaya Om Sree Maha Vishnuvae Namaha



XII: Yes My Child, I'm holding you

My Soul's sinking in despair Crying out Who is there? Crying out Who is there?

Then I hear a voice above, Saying Child you are loved Yes my child, you are loved

Feel my Love enter you, Arms around you, holding you Yes my child, I'm holding you

Hare Krishna Hare Krishna, Krishna Krishna Hare Hare Hare Rama Hare Rama, Rama Rama Hare Hare

XIII: Baba Hanuman by Franco Heke

Shivaya Shivo Hum Rama Bolo Bolo Ram Ra Ma da da se so hung Om Shanti Baba Hanuman



Ma Mantras

I: Saraswati Devi

Namaste Saraswati Devi Om Aim Saraswatiye Namaha Jai Ma, Jai Ma, Jai Ma

II: Oh Great Mother Kali

Oh Great Mother, we invoke you in this space. Take away our fears and fill us with your grace Om Namo Kali Kali Om Namo Om Namo Kali Kali Om Namo Burn it all away Kali Burn it all away. If it does't serve us Kali, burn it all away.

III: Hey Ma Durga

Hey Ma Durga, Hey Ma Durga, Hey Ma Durga Jai Ma, Jai Ma, Jai Ma Jaya Jagadambe Jai Jai Ma, Jaya Jagadambe Jai Jai Ma Jai Ma

IV: Green Tara Mantra (Am - Fm - Dm - E - Am)

Om Tare Tutarre Ture Soha; Aaaa Aaaa Aaaa (Am - Fm - G - Am) Great Mother I Bow to Thee; Release me from suffering.

V: Om Kali Ma

Om Kali Ma; Om Kring Kalikaye Namaha; Rain your fire down on me, burn these lies and set me free.



VI: Anandamayi (Ab Db Ab Eb)

Om Anandamayi Chaitanyamayi Satyamayi, Parameshwari

VII: Jagadambe Ma

Jagadambe Ma Jai Jai Ma, Jagadambe Ma Jai Jai Ma Hare Para Shakti Ma, Hare Para Shakti Ma

VIII: Kali Durge

Jaya Mata Kali, Jaya Mata Durge Kali Durge, Namo Namah Kali Durge, Namo Namah Jaya Ma, Jaya Ma, Jaya Ma Jai Maaaaaaaaaaaaaa Jai Ma

IX: Ramesh Jaya Jagadambe

Jaya Ma, Jaya Ma, Jaya Jaya Ma Jaya Jagadambe Jai Jai Ma, Jaya Jagadambe Jai Jai Ma

X: Jaya Ganga Ma (C - G - F - G)

Jaya Jaya Ganga Ma, Jaya Jaya Ganga Ma, Jaya Jaya Ganga Ma, Jaya Jaya Ganga Ma (C - G - F - G)

Flow through me Ganga Ma, Flow through me Ganga Ma. (C - G - F - G) Om Namah Shivaya; Om Namah Shivaya; Om Namah Shivaya; Om Namah Shivaya. (C - G - Am - Fm)

Jai Ma, Jai Ma, Jai Ma, Ganga Ma (C - G - F - G) Lakshmi Ma, Ganga Ma, Durga Ma, Saraswati Ma

XI: Ramesh Ganga Ma

Jaya Ma, Jaya Ma, Jaya Ganga Ma Hara Hara Gange, Hara Hara Gange, Hara Hara Gange, Jaya Ganga Ma

XII: Mahalakshmi Ashtakam- Version 1

Download Lyrics here



XIII: Om Namo Lakshmi Ma

Om Namo Lakshmi Ma, Om Namo Lakshmi Ma Shree Shree Mata Ji, Shree Shree Mata Ji Om Namo Prema Devi, Om Namo Prema Devi Jai Jaya Amma Ji, Jai Jaya Amma Ji

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Universal Mantras & English Mantras

I: Dearest God, I Love Thee So

Dearest God, I love Thee so And it's my joy to show Thee And so I'll go and feed Thy sheep, the way that Thou feeds me And all Thy looooooove will shine through me

II: Gayatri Mantra

Om bhur, bhuvah, swaha Tat savitur varenyam Bhargo devasya dhimahi Dhiyo yo nah prachodayat

III: Oh One Who Loves Me

Oh One who loves me and gives peace I ask Thy presence in my heart And I feel Thy love enfold me And I know I am safe in your arms

IV: Ra Ma Da Sa Sa Se So Hung

Ra Ma Da Sa Sa Se So Hung

V: Lokah Samastah Sukhino Bhavantu

Lokah Samastah Sukhino Bhavantu May we all be happy, may be all be free May we all choose love, for both you and me

VI: Lokah Samastah Sukhino Bhavantu

Lokah Samastah Sukhino Bhavantu May all being be happy and free May this happiness begin with you and me And we shine like diamonds in the sky Every one of us, every one of us



VII: May There Be Light

May There Be Light, Abundant Light May There be Peace, Abundant Peace May There be Love, Abundant Love In this whole world, it begins with me

VIII: Om Mani Padme Hum

Om Mani Padme Hum, Om Mani Padme Hum Trust in the Lord, I trust in the Lord.

IX: Agni Meele Purohitam

Agni Meele Purohitam

X: Asatoma Sad-Gamaya

Asatoma Sad-Gamaya Tamaso Maa Jyotir-Gamaya Mrytyor-Maa Amritam Gamaya Om Shanti Shanti Om

XI: Face of God

You are the face of God; I hold you in my heart. You are a part of me, you are the face of God.

XII: Sat Chit Ananda

Sat Chit Ananda, Sat Chit Ananda Truth and Consciousness, Bliss I am. Om Sat Chit Ananda Parabrahma Purushothama Paramatma Sri Bhagavathi Sametha Sri Bhagavathe Namaha



XIII: Namaste (C - G - F - G)

Namaste, Namaste, Namaste Namaste; The Light in Me sees the Light in You; The Light in Me is always True The Light in Me sees the Light in you; The Light in Me will honor You Your Path is Yours and Mine is Mine; They aren't the same but both Divine; I trust in Love, I trust in Light. I trust this Love to hold us tight

XIV: In This and Every Moment

In this and every moment, I am safe, and all is well.
In this and every moment I am safe, and all is well.
I am held, I am whole. I surrender to it all.
When I trust, and let go, then I know that all is well. All is well.

XV: Filled with Loving Kindness

May you be filled with loving kindness; may you be well. May you be peaceful and at ease and may you be happy.

XVI: My Child, Live in the Light

My Child, My Child, live in the Light. My Child, My Child, live in the Light. This Light is You; this Light is Me This Light we'll shine for all to see.

I came to earth to show the way, and now sweet child I'm here to stay I'm here within your very breath, and with me child there is no death. Feel me my child, I'm holding you and when you doubt, I'll pull you through.



XVII: Leave it There

Leave it There, Oh Leave it There. Take your burden to the Lord and leave it there. If you trust and never doubt, He will surely bring you out, take your burden to the Lord and leave it there. If this world from you withholds of its silver and its gold, and you have to get along with meager fare. Just remember in God's word how He feeds the little bird, take your burden to the Lord, and leave it there. If your body suffers pain and your health you can't regain and your soul is almost sinking in despair, He knows the pain you feel, He can save, He can heal. Take your burden to the Lord and leave it there. Shri Ram Jai Ram Jai Jai Ram, Shri Ram Jai Ram Jai Jai Ram. Shri Ram Jai Ram Jai Jai Ram, Sita Ram Sita Ram Sita Ram. If enemies assail and your heart begin to fail, remember He always answers prayer. He will make a way for you; He will lead you safely through. Take your burden to the Lord and leave it there.

XVII: The Grace With Me

Sat Nam, the grace within me, shines through me, Sat Nam I am Grace, You are Grace We are One in Love



Jesus Mantras

I: Savior Redeemer, Jesus My Friend

Savior Redeemer, Jesus my friend Thou art with me beginning 'til end. And with Thee I am Love and with Thee I am Light, and with Thee I am peace, and all is made right.

II: My Savior, Redeemer, I Feel Thy Presence

My Savior, Redeemer I Feel Thy Presence in me Holy Spirit, Holy Spirit Holy Spirit Jesus Loves me, so He gives me the Holy Spirit Holy Spirit Cleanse my heart, cleanse my mind, cleanse my soul.

III: Jesus Said Love Everyone

Jesus said love everyone, treat them kindly too. When your heart is filled with love, others feel it too.



Sri Argala Stotram (I Wanna Know What Love Is)

Om Namaś Chaṇḍikāyai, Jayanti Maṅgalā Kālī Bhadrakālī Kapālinī; Durgā Kṣamā Śivā Dhātrī Svāhā Svadhā namo'stu te.

Jaya tvam Devi chāmuṇḍe jaya bhūtārti-hāriṇi, Jaya sarvagate Devi kāla-rātrī namo'stu te.

Madhu- Kaitabha-vidravi Vidhatri varade namah.

Rūpam dehi jayam dehi yaśo dehi dviso jahi (repeat)

I wanna know what Love is, I want you to show me. I wanna feel what Love is, I know (that) you can show me.

